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Webinars



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Interactive Session



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Upcoming Events

*Webinar on
NEW LABOUR CODES 2020
20 November 2020*

[Register here](#)

*eTrafotech
5-7 November 2020*

[Register here](#)



How to protect yourself from Air Pollution?

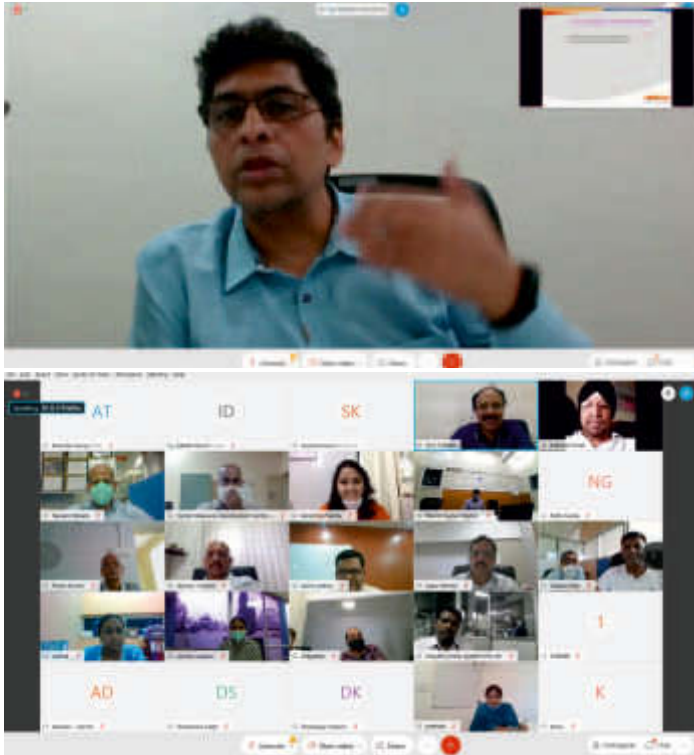


4

Health & Fitness Update

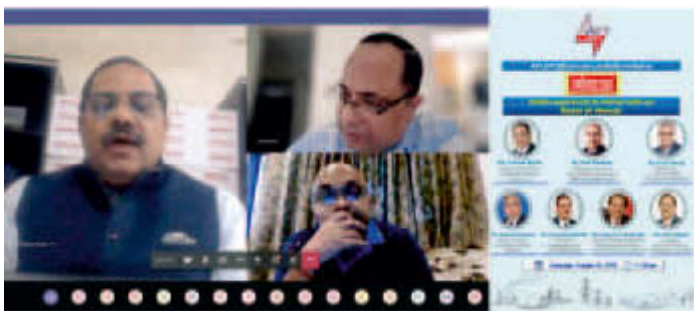


Webinar on Impregnation Process Audit – Systematic approach to improve Impregnation and Safety



21 October, 2020: IEEMA organised a webinar on 'Impregnation Process Audit – Systematic approach to improve Impregnation and Safety'. The speaker Mr. Abhaey Kkulthe of ELANTAS Beck stressed on the factors involved for improving electrical machine reliability, cost optimization at various stages of impregnation, processes and its audit format, how overall safety of the impregnation area and employees gets benefitted along with reduction in various wastages in process and chemical disposal process.

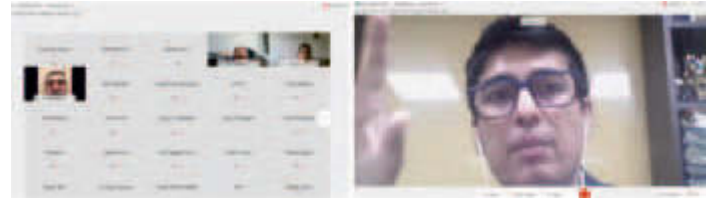
Mr. Anil Saboo-President-IEEMA at 'Manthan' organised by CEA



24 October, 2020: Mr. Anil Saboo, President-IEEMA shared views about the Power sector at 'Manthan' organized by Central Electricity Authority. Eminent

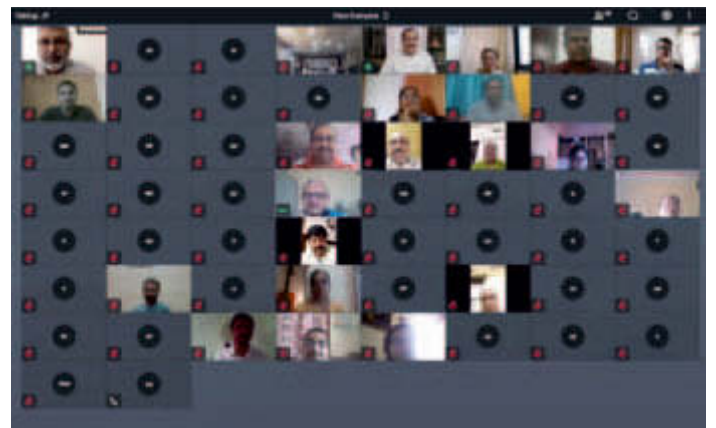
speakers from the industry also shared their views & suggestions on making CEA a world-class technical organization in the power sector.

Awareness Workshop on Intellectual Property Rights



26 October, 2020: IEEMA conducted an 'Awareness Workshop on Intellectual Property Rights' today. The session focused on the importance of Intellectual Property, Copyright, Patent and Trade marks for the Electronic and Electrical Equipment industry. The session addressed as to why a company should be IP sensitive, with practical examples and instances of how strategic IP registration and enforcement can be the differentiator between competitors. About 70 industry members participated in the webinar that received a good feedback. The faculty was Mr. Vikrant Rana, Managing Partner from S.S. Rana & Co.

Mr. Anil Saboo, President-IEEMA in an interactive session with the IEEMA Operations Team



26 October 2020: Mr. Anil Saboo, President-IEEMA addressed the IEEMA Operations Team (IOT) through a web meeting. Mr. Saboo is an entrepreneur, innovator, mentor and a philanthropist by heart. He believes passion, patience, persistence and perseverance make an unbeatable combination for success. During the meeting, he spoke about his career journey and his new role as President IEEMA. He also appreciated the IOT for their remarkable activities.

How to **PROTECT** yourself from



Air Pollution?

Refrain from morning walks



People who walk, run or take part in any outside exercises should refrain from doing so until the brown haze settles. Try to do exercise inside your home.

Use face anti-pollution masks when outdoor



N99 and N95 masks are the main ones that work adequately. Use these anti-pollution masks when stepping out of the house.

Air purifying plants



Air Purifying plants like Aloe Vera, Bamboo Palm, Boston Ferns, Ivy and Spider Plant can be set in the home and workplaces. These air cleaning

plants will help you remove toxins and improve air quality.

Restrict outdoor activities for kids



Try not to permit your kids to go out in the open air. Engage them with indoor games.

Use air-purifiers



Use air purifiers, particularly in children's room and the room of old and pregnant ladies. They are most inclined to the impacts of this dangerous air.

Take steam daily



Take steam with a few drops of eucalyptus oil each day at night to loosen up your air-sections and help expel the particulate substances.

Diet rich in vitamin C, omega fatty acids



Eat organic products rich in Vitamin C, Magnesium and Omega Fatty Acids. A sound eating regimen will enable you to beat the impacts of pollution.

Herbal Tea



Drink home grown ginger and tulsi tea. Having this blend few times per day is excellent for limiting the contamination impacts.

