



1 Web Meetings



2 Division Meetings

3 Upcoming Events

*Interactive Session on
UNION BUDGET 2021-2022*

3 February 2021 at 3:00 PM



Distribuelec 2021

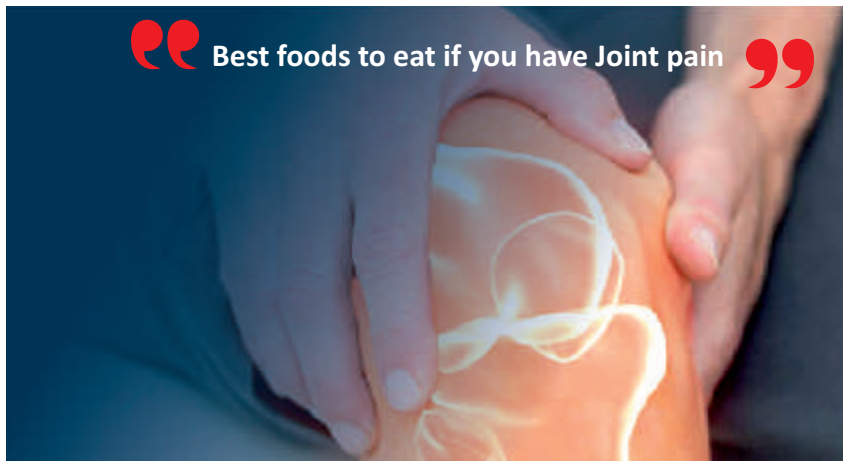
16-20 February, 2021

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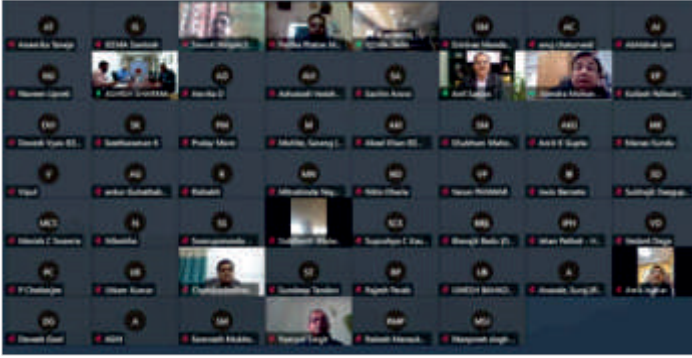
 Best foods to eat if you have Joint pain 



4 Health & Fitness Update



Interactive session with Mr. M Shenbagam, CEO TP Central Odisha Distribution Ltd.



28 January 2021: IEEMA organised an interactive session with Mr. M Shenbagam, CEO TP Central Odisha Distribution Ltd, with CFO Mr. Punnet Munjal TP Central Odisha Distribution Ltd, Mr. Anil Saboo, President-IEEMA welcomed to the official of TPCODL moderated by Mr. Jitendra Mohan Gupta, Convener Odisha, Mr. Sunil Misra, DG-IEEMA explained the role of IEEMA played at the time of Cyclone Fani. Mr. M Shenbagam explained about the projects of Odisha. Mr. J M Gupta asked to CEO how they will get benefit from IEEMA members. Some questions were also asked by the members regarding T&D losses and how TPCODL takes the precautions, EV charging infrastructure set up, net meter billing from roof top solar. CEO answered that for T&D losses will be brought down by technology, for EV charging infrastructure discussion is going on with the Government, about the net metering for residents customers they are planning to do. The session was fruitful.

Energy Meter Division Meeting



28 January 2021: Energy Meter Division meeting was held under the Chairmanship of Mr. Amit Kumar. The key discussion points were: state of the Industry,

future business outlook, activities with technical committee, Metering India 2021 etc. The meeting was attended by more than 30 members from 18 Organisations. Mr. Akeel Khan, Sr. Executive officer-IEEMA represented IEEMA operations team (IOT) in the meeting.

Visit of IEEMA Eastern Region Office Bearers to NSIC Howrah



29 January 2021: IEEMA Eastern Region Office Bearers visited NSIC Howrah to take a look at the new Electrician training Lab set up by Schneider Electric to give specialized training to the students to make them more industry fit as part of the "IEEMA – NSIC Skill Centre" and also to discuss the way forward.

Webinar on Lean manufacturing

29 January 2021: A systematic approach to identifying and eliminating waste (non-value-added activities) through continuous improvement by flowing the product at the pull of the customer in pursuit of perfection was well defined by the faculty. Anything that adds Cost to the product without adding Value is defined as waste. .Lean tools 5S, Visual Control, Standard Operating procedures (SOP's), Just in Time (JIT), Kanban System, Cellular Layout, Value Stream Mapping (VSM), Poka Yoke or Mistake Proofing, Single Minute Exchange of Dies or Quick Changeover (SMED), TPM (Total Productive Maintenance and Kaizen Blitz of Rapid Improvement Process were briefly touched upon.

The faculty was Mr. Ashok Kumar Jain who is the Principal advisor to Quality Council of India. He has been involved in Development of the concept and detailed structure of ZED (Zero Defect Zero Effect), Led QCI team to successfully implement Lean Manufacturing scheme of Ministry of MSME at 126 clusters on all India basis. He worked as Executive Director (Corporate Quality) in Bharat Heavy Electricals Limited (BHEL). About 70 participants attended the programme which received an excellent feedback.

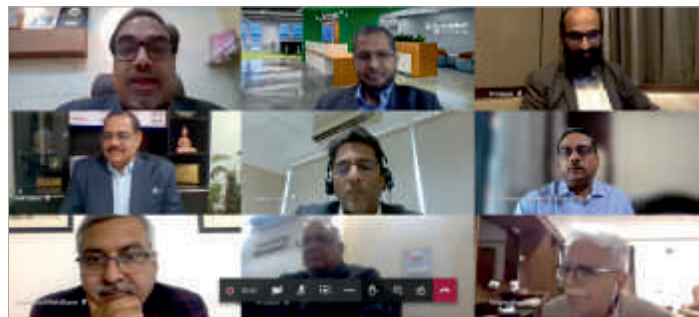
Joint Meeting of LV Switchgear Division and Control Panel Manufacturers and IEEMA LV Switchgear Division

29 January 2021: A Joint sub-committee meeting of LV switchgear division and COSMA was organised to discuss about the areas and opportunities for handholding with other associations. Mr. Anil Saboo, President-IEEMA, Sunil Misra, DG-IEEMA, Mr. Satish Kazi, Chairman-COSMA and Mr. Sanjeev Khinnavar, President-COSMA along with 20 other senior members from both the associations participated in the discussion. Mr. Anil Saboo assured that the proposal of forming a separate Division of Control Panel Manufacturers shall be taken up at IEEMA NEC level and both the associations should use each other's strength in knowledge sharing, organising training programs, government interactions and representations to the policy makers on the concerns of the industry for benefit of the members.

Subsequently, a web Meeting of IEEMA LV Switchgear Division meeting was also organised. The meeting was chaired by Mr. Raminder Singh, Chairman LV Switchgear division. Mr. Nitin Rastogi, Vice Chairman, LV Switchgear division also joined the meeting. The meeting was attended by 16 member organisations.

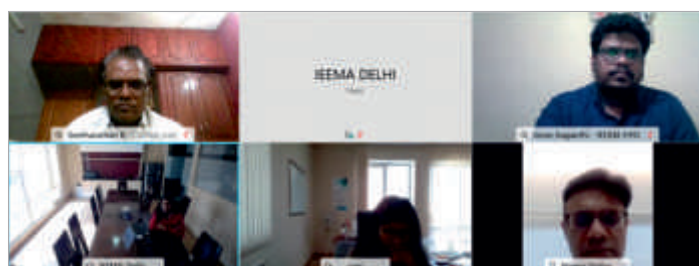
The important points discussed during the meeting were: update on the quality control order of plugs and sockets & series of LV Switchgear products, state of LV switchgear industry, Inputs to TISCO Committee from LV switchgear Division, Organising webinar on challenges of LV Switchgear Industry, and discussion on the state of the LV switchgear industry from April to November, 2020. The next meeting was decided to be convened during first week of March 2021.

Interactive session on the current challenges faced by the Indian Power Transformer Industry



29 January 2021: IEEMA organized an interactive session on the current challenges faced by the Indian Power Transformer Industry with leaders and stalwarts from the Power Transformer industry. The various issues impacting the industry and the way forward was discussed and deliberated at length. The panel discussion touched upon issues such as excessive EMDs, unrealistic warranty and delivery expectations, payment delays, payment terms, L1 procurement policy and menace of reverse auction. Deliberations took place on how industry can address these issues as a unified face. Experts also laid out a way forward on how industry can move forward on promoting R&D & infrastructure investments & industry specific skill development. The session was attended by 170+ delegates from the industry.

Interactive session with Ms. Bhavika Mangalanandan, Head of Chancery, Embassy of India, Minsk, Belarus



1 February 2021: An interactive session with Ms. Bhavika Mangalanandan, Head of Chancery, Embassy of India, Minsk, Belarus with IEEMA International Business Division Core Committee was organized. The objective of this interaction was to establish a connection with the Indian Embassy Officials in Belarus, brief them about IEEMA and it's the ongoing activities and to collaborate on future endeavours.

Best foods to eat if you have **JOINT PAIN**



Fatty Fish



Fatty fish varieties such as salmon, mackerel, sardines and trout are high in omega-3 fatty acids, which have been shown to have potent anti-inflammatory effects. Fish is also a good

source of vitamin D, which can help prevent deficiency. Multiple studies have found that rheumatoid arthritis may be associated with low levels of vitamin D, which could contribute to symptoms. Fatty fish is high in omega-3 fatty acids and vitamin D, both of which may be beneficial for reducing inflammation and the severity of arthritis symptoms.

Garlic



Garlic is jam-packed with health benefits. Garlic and its components have been shown to have cancer-fighting properties. They also contain compounds that may lower the risk of

heart disease and dementia. Additionally, garlic has been shown to have an anti-inflammatory effect that may help decrease symptoms of arthritis. Garlic may enhance the function of certain immune cells to help strengthen the immune system.

Broccoli



It's no secret that broccoli is one of the healthiest foods out there. In fact, it may even be associated with reduced inflammation. Broccoli also contains important components that could

help reduce symptoms of arthritis. Broccoli has been associated with reduced inflammation. It also contains sulforaphane, which may have anti-inflammatory properties.

Walnuts



Walnuts are nutrient-dense and loaded with compounds that may help reduce the inflammation associated with joint disease. Walnuts are especially high in omega-3

fatty acids, which have been shown to decrease the symptoms of arthritis. The effects of omega-3 fatty acids could alleviate arthritis symptoms as well as inflammation.

Berries



Tons of antioxidants, vitamins and minerals are crammed into each serving of berries, which may partially account for their unique ability to decrease inflammation.

Strawberries, blackberries and blueberries are just a

few options that can satisfy your sweet tooth and provide plenty of arthritis-fighting nutrients. Berries contain antioxidants that have been shown to decrease arthritis-related inflammatory markers.

Spinach



Leafy greens like spinach are full of nutrients, and some of their components may actually be able to help decrease inflammation caused by arthritis. Spinach, in particular, contains plenty of antioxidants as well as

plant compounds that can relieve inflammation and help fight diseases. Spinach is especially high in the antioxidant kaempferol, which has been shown to decrease the effects of the inflammatory agents associated with rheumatoid arthritis