



# 1 Regional Meetings



# 2 Government Interactions

# 3 Webinars

*Meeting with  
Embassy of Buenos Aires  
24 November 2020*

*Workshop on  
THERMOGRAPHY- Powerful Predictive Maintenance  
Tool for Electrical Equipment  
25 November 2020*

*Interactive session on  
"Business Opportunities in NCRTC"  
27 November 2020*



# 4 Health & Fitness Update

## Meeting with Embassy of Buenos Aires



**24 November 2020:** The first connect with the Embassy of Buenos Aires (Argentina, Paraguay and Uruguay) was established. Following officers were there during the meeting:

- Mr Balji Nagrath – Second Secretary, Commercial
- Mr Anil Jharia – Third Secretary, Commercial
- Ms Karina Novaro – Marketing Executive, Commercial

The discussion points were:

- 1) The Embassy officials were ready for the B2B interactions for eConnect.
- 2) They were open for future interactions in relation to International Business
- 3) RBSM (eDistribuElec) was also discussed.
- 4) They are ready for any help in relation to establishing connect with the local Chambers.

## Meeting with Hon'ble Commerce and Industry Minister Shri Piyush Goyal



**24 November 2020:** Mr. Anil Saboo, President-IEEMA and Mr. Vijay Karia, VP-IEEMA spoke at the virtual meeting chaired by Hon'ble Commerce and Industry Minister Shri Piyush Goyal to discuss policy initiatives to boost demand & getting the economy back on the growth path.

## Meeting of IEEMA Maharashtra and Goa Chapters



**24 November 2020:** The first meeting of IEEMA Maharashtra and Goa Chapters were held through webinar. The meeting was held under the leadership of Mr. Jitendra Agrawal, Convener Maharashtra Chapter and Mr. Sagar Mohbe, Convener Goa Chapter. The meeting was attended by newly elected Chairman and Vice Chairman of Western region Mr. Jayesh Shah and Mr. Rakesh Markhedkar.

A brief introduction on ECBC 2017 Code and the draft Maha ECB Rules 2019 were given during the meeting by Dr. Poorva Keskar, Director VK: environmental LLP and a distinguished faculty at BRICKS school of architecture. Maharashtra Energy Development Agency (MEDA) has prepared a draft copy of Maha ECB Rules 2019 to implement ECBC specifically for the state of Maharashtra.

## Workshop on THERMOGRAPHY- Powerful Predictive Maintenance tool for Electrical Equipment



**25 November 2020:** The Workshop on THERMOGRAPHY- Powerful Predictive Maintenance tool for Electrical Equipment was held on 25th November 2020. More than 50 participants participated from member and non-member companies. The faculty was Mr. Parag Yelagaonkar, who has an engineering background in electrical stream with a vast industrial experience of 30 years

as a T&M expert. He is associated with Testo India for last 5 years. The workshop covered topics like basics of IR and thermography, understanding of thermal imaging and its importance as predicative maintenance in electrical & power sector, SPV, Power & Process Industries.

## Interactive session with Shri Vinay Kumar Singh, MD- NCRTC on "Business Opportunities in NCRTC"



**27 November 2020:** IEEMA Railway Business Division had organized an interactive session with Shri Vinay Kumar Singh, Managing Director, National Capital Region Transport Corporation (NCRTC). The objective of the session was to understand Regional Rapid Transit System (RRTS) project across the National Capital Region (NCR), and emerging opportunities for IEEMA members. Mr. Singh informed in detail about NCRTC and upcoming projects. The NCRTC - a joint venture company of Government of India and States of Delhi, Haryana, Rajasthan and Uttar Pradesh is

mandated for implementing the Regional Rapid Transit System (RRTS) project across the National Capital Region (NCR), ensuring a balanced and sustainable urban development through better connectivity and access. RRTS offers Rail based high speed, high capacity, and comfortable and safe commuter service connecting regional nodes. It will help in reducing Road Congestion, Energy Consumption and Pollution.

The interactive session was attended by more than 250 participants. Mr. Anil Saboo, President IEEMA delivered the welcome address and apprised Mr. Singh about IEEMA and its activities. Mr. Kaushal Kodesia, Chairman, Railway Business Division, introduced the activities undertaken by Railway Business Division. The session concluded with session summarization and vote of thanks by Mr. Manish Agarwal, Vice Chairman IEEMA Railway Business Division.

## IEEMA Southern Region Committee Web Meeting

**27 November 2020:** The members deliberated on the current market scenario and future prospects. The Committee members also debated on the forthcoming webinar subjects that might yield value like Green Gas, Cyber Security, Digital Substations etc. Southern Region has so far conducted multiple webinars on both technical and generic topics. The primary discussion was on building up the membership base down South.



**Interactive session with Shri Vinay Kumar Singh**  
Managing Director  
National Capital Region Transport Corporation (NCRTC)  
on  
**Business Opportunities in NCRTC**  
27th November 2020 at 3:00 PM to 4:00 PM

Send us your feedback on: [corpcomm@ieema.org](mailto:corpcomm@ieema.org)  
[www.ieema.org](http://www.ieema.org)

# Common Winter Ailments

*With a cool nip in the air, we can confirm that winters are finally here!*

*A sudden drop in temperature brings with it health issues such as arthritis, and heart ailments etc. However, the winter season is the time to look out for skin-related diseases and respiratory infections also.*

## Common Cold

The common cold is way too common and often we ignore it as something that is a part of changing season. Symptoms of a common cold include a sore throat, chest congestion, headache, sneezing, runny nose etc.

### How to Prevent:

- It is best to take rest
- Eat home cooked food.
- Drink ample fluids to get over this health issue.

## Flu

While the flu is not a serious health ailment like the common cold, it should not be ignored. The flu is a contagious respiratory illness caused by a virus that goes by the name 'influenza'. A flu patient experiences body ache, sore throat, fever, headaches etc. and these are enough to ruin the season.

### How to Prevent:

- Maintain respiratory hygiene, i.e., wash your hands frequently to avoid flu germs and bacteria
- Keep your mouth covered with your hands when you happen to cough or sneeze
- If someone has a cold, maintain distance
- Exercise daily to strengthen your immunity

## Strep Throat

A sore throat is very annoying and uncomfortable. A strep throat is a severe version of a sore throat, with fever caused by an infection. It is caused by a bacterial infection and is very common among children.

### How to Prevent:

- Consult a Doctor
- Rest well
- Drink warm water

## Bronchitis

Children and toddlers below the age of 2 years often fall prey to Bronchitis. Typical symptoms include breathing difficulty due to the inflammation airway passage in the lungs as they get clogged. Patients experience mild fever, congestion of the nasal passage, wheezing and coughing.

### How to Prevent:

- Get enough rest
- Sleep more
- Stay hydrated

