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## Web Meetings

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## Upcoming Webinars

*TECH-IT Tutorials*  
26th May, 2021

[Register here](#)



“Benefits of  
 **ACUPUNCTURE**”



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## Health & Fitness Update



## Meeting with Secretaries, Ministry of Power and Ministry of New & Renewable Energy

On 18th May, 2021 Mr. Anil Saboo, President; Mr. Sunil Misra, Director General and Mr. J Pande, Deputy Director General, IEEMA attended a meeting, which was jointly Chaired by Mr. Alok Kumar, Secretary, Ministry of Power (MoP) and Mr. Indu Shekhar Chaturvedi, Secretary, Ministry of New & Renewable Energy (MNRE).

The Government of India had launched Atmanirbhar Bharat Mission, under which, MoP and MNRE are going to release an exclusive scheme to promote indigenized manufacturing and import substitution of products, which are not available domestically. The Government would be an enabler in providing manufacturing zones, having common infrastructure facilities (including uninterrupted electricity, water etc.), single window clearance and common testing facilities under one roof. MoP has identified a list of electrical equipment and components, which are not manufactured in the country. MNRE has identified wafers, solar cells, solar modules and wind turbines etc. for these zones. The locations identified are Dholera in Gujarat; Ujjain in Madhya Pradesh, Aurangabad in Maharashtra and certain coastal areas identified by MNRE.

## Interaction with Additional Chief Secretary, Dept. of Power, Govt. of West Bengal



On 21st May, 2021 A meeting was held between Mr. S Suresh Kumar – Additional Chief Secretary – Power, Govt. of West Bengal and IEEMA to discuss about the various issues faced by the industries during this lockdown period and their recommendations on:

- Revision of PBG from 10% to 3%
- Expediting the release of outstanding payments of the suppliers.

- To allow Price Variation Clause in Fixed Price Contracts.
- Inclusion of COVID19 2nd Wave disturbance as one of the Force Majeure Clause for existing contracts.

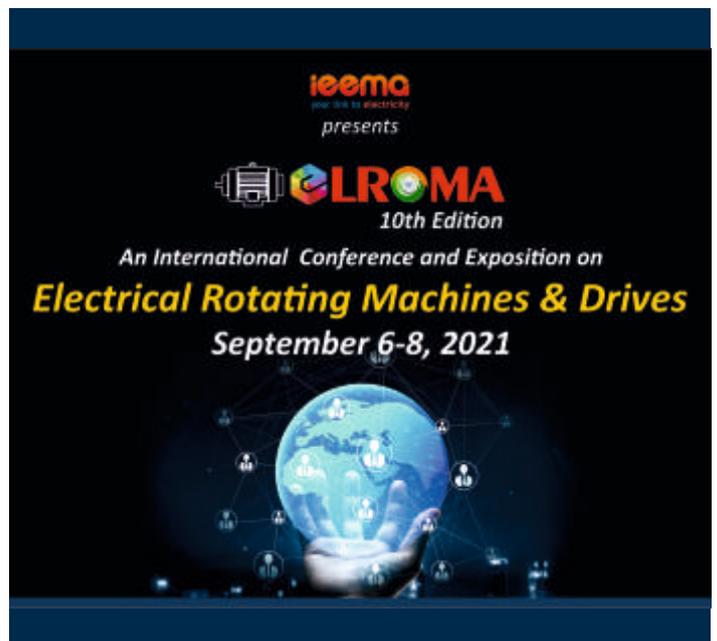
Mr. Anil Saboo – President, IEEMA, Mr. Siddharth Bhutoria – Chairman, Eastern Region, Mr. Sachin Arora – Vice Chairman, Eastern Region, Mr. Devesh Goel – Vice Chairman, Eastern Region, Mr. Sunil Misra – Director General, IEEMA were present from IEEMA along with other ER members and IOTs.

## ELROMA 2021- 1st Organizing & Technical Committee meeting



On 22nd May, 2021 the 1st Meeting of ELROMA 2021(Virtual) Organizing and Technical Committee meeting was held. Major points discussed were ELROMA 2021 Theme, Finalization of Committee Members, Broad Subjects to be covered, Exhibition, Budget and Sponsorship benefits etc.

Meeting was attended by 21 representatives from 19 Organizations and chaired by Mr. Ashok Kulkarni from CG Power. Virtual edition of ELROMA 2021 is scheduled to be held on 6th to 8th September, 2021.



# Benefits of



# ACUPUNCTURE



## Reduced Stress

Stress is one of the top reasons people seek acupuncture treatment. Whether it be demands from our job or personal pressures we place on ourselves, nearly 77% of us admit that we experience the physical symptoms of stress. Acupuncture has been proven to lower stress hormones and moderate mood to reduce anxiety and improve overall feelings of happiness.

## Reduced Back Pain, Neck Tension and Relieve Joint Pain in the Hands and Arms

Keyboards, heavy backpacks, cell phones, and poor posture are just a few of the culprits that create the type of pain that penetrates into our workday and keeps us up at night. Acupuncture provides drug-free pain relief while also reduces swelling and inflammation.

## Relief from Headaches

Acupuncture has been used to treat headaches for thousands of years. Recent studies have shown that acupuncture can reduce days with migraines and may have lasting effects. With the most common side effects being a sense of euphoria and relaxation, acupuncture is a choice treatment for those seeking a less invasive, drug-free option.

## Reduced Eye Strain

Acupuncture can relieve eye strain that is often connected to neck tension. Acupuncture also treats many eye ailments including myopia (short-sightedness), hypermetropia (long sightedness), cataract, glaucoma, presbyopia, astigmatism, amblyopia (lazy eye), diplopia, color blindness, and night blindness.

## Improved Immune System and Reduced Sick Days

Acupuncture can help fight off pathogens by boosting the body's immune system. Acupuncture treatment can also reduce the duration of a cold and relieve debilitating symptoms that keep you feeling miserable and away from work.

## Enhanced Mental Clarity and Increased Energy

Acupuncture patients report enhanced mental clarity and often experience a surge of increased energy. Improved sleep is additional benefit, which is why acupuncture is used to treat sleep disorders like insomnia.

## Relief from Digestive Conditions

The link between digestive health and overall health is inescapable. Acupuncture can effectively regulate the digestive system, which is good news for those plagued by gastrointestinal problems.

## Allergy Relief

Acupuncture can be key in preventing allergies but it is important to being treatments to strengthen your body before allergy season begins. Acupuncture may also reduce allergy symptoms and can be used in place of or in conjunction with antihistamines.

## Fewer Injuries on the Body Due to Repetitive Strain

Repetitive stress injuries are some of the most common job-related injuries and can lead to a high number of days away from work. Acupuncture is effective in treating repetitive stress injuries and can eliminate the need for surgery or drugs.