



Meeting & Seminar

Upcoming Webinars





3
Health &
Fitness Update

IEEMA Southern Region meeting – 12th March 2021



Following all safety protocols an exclusive Informal Physical Meet of 10 CEO's of Chennai based IEEMA Member Organisations with the Chairman and Vice Chairman of IEEMA Southern Region was held today at Hotel Trident, Chennai over a Coffee Meet & Greet Concept. Several issues, challenges, initiatives and opportunities related to operation in State and various suggestions on New Initiatives that can be driven were discussed.

The participants (Clockwise)

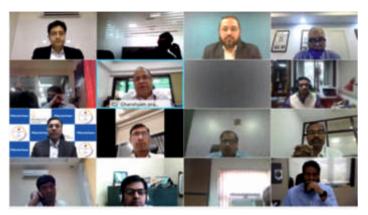
- a. *Mr S GopaKumar* MD, Cape Electric
- b. *Mr G R Ravi*MD, Teems India
- c. *Mr A Sendhil* CEO, Start up
- d. *Mr Prakash R*Vice Chairman , IEEMA South
- e. *Mr Prakash T Chari*Director, TAG Corporation
- f. *Mr Vikas Jalan* Chairman, IEEMA South
- f. *Mr Arul Prakash*MD, OBO Bettermann
- g. *Mr Shine Damodharan* MD, Sicame India
- h. *Mr Shridhar Gokhale* CEO, Prolec GE IndoTech
- i. Mr Ashok Vishwakarma
 CEO& MD, S&S Switchgear
- j. **Mr K Seetharaman** IEEMA

National Seminar on New Age Conductors & Power Transmission – 12th March 2021









IEEMA Conductor division with support of Central Electricity Authority (CEA) organised a National Seminar on New Age Conductors & Panel Discussion on Power Transmission Industry (virtual) on 12th March 2021.

Seminar was well attended and good deliberations on the subject of New Age Conductors (AL 59) & upcoming opportunities in Transmission & Distribution sector is held.

The panel discussion provided detailed insights on proposed amendment in Electricity act, Reforms in T&D sector, Overview of Energy Storage sector, Transmission planning & Modernization of Grid.

425 plus participants from 200 plus organisations attended the Seminar. Seminar was co-hosted by APAR, STERLITE, LUMINO, JSK, GUPTA POWER, SICAME & TAG Corporation

66 Health benefits of regular cycling

Cycling is mainly an aerobic activity, which means that your heart, blood vessels and lungs all get a workout. You will breathe deeper, perspire and experience increased body temperature, which will improve your overall fitness level.

Reduced

anxiety and

depression.

Prevention

management

of disease.

Decreased body fat levels.



bones.